

CHANGING THE YIELDS OF A RECIPE

The yield of a recipe tells how many servings it will make. Sometimes you may want to increase or decrease the yield to make a different number of servings.

To change the yield, each amount in the recipe must be multiplied by the same number. Multiplying by a number greater than 1 increases the yield. Multiplying by a fraction less than 1 decreases the yield.

Here are the four basic steps to follow when changing the yield:

1. Decide how many servings you want. This is called the desired yield.
2. Find the number you will multiply each amount by. Remember the formula

Desired yield ÷ original yield = number to multiply by

3. Multiply each amount by the number you found in Step 2.
EXCEPT SALT – do not increase salt in a recipe
4. If necessary, convert the amounts to a different unit of measure.

Skillet Chicken and Rice

Yield: **4 servings**

1 pound boneless chicken breast
1 tablespoon oil
½ cup chopped onion
2 cup broccoli florets

1 ¼ cup chicken broth
1 ½ cups instant rice
dash pepper
1 cup shredded cheddar cheese

You decide to make only two servings of chicken and rice instead of four. What number do you multiply by? **.5**

Desired yield ÷ original yield = number to multiply by.

$$2 \div 4 = \frac{1}{2} \text{ or } .5$$